

Allergens // 2023			Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Boxes	salmon selection	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	vegan box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	Mix MAKI Box	no	yes	no	no	yes	no	no	no	no	yes	no	no	no	yes	no
	Deluxe box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	salmon lovers	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	super selection box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	nigiri box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	omega box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	tuna box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	cuckoo box	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	no	no	yes	yes	no
	sushi handroll platter	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	summer deluxe	no	yes	yes	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	family platter	no	yes	yes	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	rose box	no	yes	yes	no	yes	no	no	no	no	yes	no	no	no	no	no
	keto box	no	yes	no	no	yes	no	no	no	no	yes	no	no	yes	yes	no

SUSHI	special Rolls	rock n roll	no	yes	yes	yes	yes	yes	no	no	yes	no	no	no	yes	no
		Spicy rainbow roll	no	yes	yes	yes	yes	no	no	no	yes	no	no	no	yes	no
		creamy salmon roll	no	yes	yes	yes	yes	no	yes	no	yes	no	no	yes	yes	no
		california dreams	no	yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no
		Spider roll	no	yes	yes	yes	yes	no	yes	no	yes	no	no	no	yes	no
		Jubilee roll	no	yes	yes	yes	yes	no	no	no	yes	no	no	no	yes	no
		dragon roll	no	yes	yes	yes	yes	yes	no	no	yes	no	no	no	yes	no
		Crunchy salmon roll	no	yes	no	yes	yes	no	no	no	yes	no	no	no	yes	no
		Crunchy californi roll	no	yes	no	yes	yes	no	no	no	yes	no	no	no	yes	no
		Rainbow roll	no	yes	yes	no	yes	no	no	no	yes	no	no	no	yes	no
		fully loaded sushi hand	no	yes	yes	yes	yes	no	yes	no	yes	no	no	yes	yes	no
		Uramaki	Salmon Avocado uramaki	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes
	vegan cream cheese		no	yes	no	no	no	no	no	no	yes	no	no	yes	yes	no
	Vegan roll uramaki box		no	yes	no	no	no	no	yes	no	yes	no	no	yes	yes	no
California uramaki	no		yes	no	no	yes	no	no	no	yes	no	no	no	yes	no	
Spicy tuna & cucumber uram	no		yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no	
spicy salmon uramaki	no		yes	no	yes	yes	no	yes	no	yes	no	no	yes	yes	no	
Duck & cucumber uramaki	no		yes	no	no	no	no	no	no	yes	no	no	yes	yes	no	
Prawn katsu & Avocado uram	no		yes	yes	yes	no	no	no	no	yes	no	no	yes	yes	no	
Salmon skin uramaki	no		yes	no	yes	yes	no	no	no	no	no	no	yes	yes	no	
Chicken katsu uramaki	yes		yes	yes	yes	no	yes	no	yes	yes	no	no	yes	yes	no	
grilled Salmon Avocado uram	no	yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no		

Allergens	Nigiri	salmon nigiri	no	yes	no	no	yes	no	no	no	yes	no	no	yes	no	
		tuna nigiri	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		prawn nigiri	no	yes	yes	no	no	no	no	no	yes	no	no	no	yes	no
		Flying fish roe gunkan	no	yes	no	no	no	no	no	no	yes	no	no	no	yes	no
		Japanese Omlette	no	yes	no	yes	no	no	no	no	yes	no	no	no	yes	no
		Spicy tuna gunkan	no	yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no
		ell nigiri	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		mackerel nigiri	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		avocado nigiri	no	yes	no	no	no	no	no	no	yes	no	no	no	yes	no
		Nigiri mix	no	yes	yes	no	yes	no	no	no	yes	no	no	no	yes	no
Allergens	Futomaki	Chicken katsu Futomaki	yes	yes	no	yes	no	no	yes	yes	yes	no	no	yes	yes	no
		Salmon & Avocado futomaki	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		Soft shell crab & avo futomaki	no	yes	yes	no	yes	no	yes	no	yes	no	no	no	yes	no
		Spicy prawn futomaki	no	yes	no	yes	yes	no	yes	no	yes	no	no	yes	yes	no
		Eel & avocado futomaki	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Prawn katsu futomaki	no	yes	yes	yes	no	yes	no	no	yes	no	no	no	yes	no
	Temaki	Salmon temaki	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Spicy tuna temaki	no	yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no
		Soft shell crab temaki	no	yes	yes	yes	no	no	no	no	yes	no	no	yes	yes	no
		Avocado temaki	no	yes	no	no	no	no	no	no	yes	no	no	yes	yes	no
		Eel, avocado & cucumber temaki	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Salmon & avocado temaki	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Crabstick & avocado temaki	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Hoisin Duck & cucumber temaki	no	yes	no	no	no	no	no	no	yes	no	no	yes	yes	no
Prawn katsu temaki	yes	yes	yes	yes	no	yes	no	no	yes	no	no	yes	yes	no		

SUSHI	Maki	Tuna maki	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		Cucumber maki	no	yes	no	no	no	no	no	no	yes	no	no	no	yes	no
		Prawn & Avo maki	no	yes	yes	no	no	no	no	no	yes	no	no	no	yes	no
		Salmon maki	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		Avocado maki	no	yes	no	no	no	no	no	no	yes	no	no	no	yes	no
		Salmon & avo maki	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		Spicy tuna maki	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		eel avocado maki	no	yes	no	no	yes	no	no	no	yes	no	no	no	yes	no
		tamago maki	no	yes	no	yes	yes	no	no	no	yes	no	no	no	yes	no
SUSHI	Sashimi	Salmon sashimi	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Tuna sashimi	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Mackarel sashimi	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Prawn sashimi	no	yes	yes	no	no	no	no	no	yes	no	no	yes	yes	no
		Seared tuna sashimi	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Seared salmon sashimi	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Sashimi platter	no	no	yes	no	yes	no	no	no	yes	no	no	no	yes	no

Allergens //2023			Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FOOD																
	poke	seaweed salad	no	yes	no	no	no	no	no	no	yes	no	no	yes	yes	no
		salmon poke	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Tuna poke	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Vegan Poke	no	yes	no	no	no	no	no	no	no	no	no	yes	yes	no
		sushihandroll poke	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
		Chicken katsu salad	no	yes	no	yes	no	no	yes	no	yes	no	no	yes	yes	no
		Grilled chicken salad	no	yes	no	yes	no	no	no	no	yes	no	no	yes	yes	no
		Salmon salad	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
	Sides	Vegetable gyoza	no	yes	yes	yes	no	no	yes	yes	no	no	no	yes	yes	no
		Prawn gyoza	no	yes	yes	yes	no	no	no	no	no	yes	yes	yes	yes	no
		Chicken gyoza	no	yes	yes	yes	no	no	yes	yes	yes	no	no	yes	yes	no
		duck gyoza	no	yes	yes	yes	no	no	no	no	no	no	no	yes	yes	no
		Gyoza platter	no	yes	yes	yes	no	no	yes	yes	yes	yes	yes	yes	yes	no
		Prawn katsu 4pcs / 8pcs	yes	yes	yes	yes	no	yes	no	yes	no	no	no	no	yes	no
		chicken yakitori	yes	yes	no	yes	no	no	yes	no	no	no	no	yes	yes	yes
		Chicken katsu bites	no	yes	no	yes	no	no	yes	no	no	no	no	yes	yes	no
		Pumpkin koraoke	no	yes	yes	yes	no	no	no	no	no	yes	yes	yes	no	no
		Spring roll	no	yes	no	no	no	no	no	no	no	no	no	no	yes	no
		Chicken Karaage	yes	yes	no	yes	yes	no	yes	yes	yes	no	no	yes	yes	no
		Edamame	no	no	no	no	no	no	no	no	no	no	no	no	yes	no
		Spicy edamame	no	yes	no	no	no	no	no	no	yes	no	no	yes	yes	yes
All of our product may contain traces of fish, soya, egg, sesame, nuts and gluten, even if not specified in this table.																

Allergens //2023			Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FOOD																
HOT FOOD	Soups	Spicy chicken noodle soup	yes	yes	yes	yes	yes	no	yes	yes	yes	no	no	yes	yes	no
		Roast duck noodle soup	no	yes	yes	yes	yes	no	no	no	no	no	no	yes	yes	no
		Seafood noodle soup	no	yes	no	no	yes	no	no	no	no	no	no	yes	yes	no
		Miso soup	no	yes	no	no	no	no	no	no	no	no	no	no	yes	no
	Rice / noodles dishes	Chicken teriyaki rice	no	yes	no	no	no	no	no	no	no	yes	no	yes	yes	no
		Vegetable curry rice	yes	yes	yes	yes	no	no	yes	no	no	yes	yes	yes	yes	no
		prawn teriyaki	yes	yes	yes	yes	no	yes	yes	no	no	yes	no	yes	yes	no
		tofu katsu cury	no	yes	no	no	no	no	no	no	no	no	no	yes	no	no
		Salmon teriyaki	no	yes	no	no	yes	no	no	no	no	no	no	yes	yes	no
		chicken teriyaki	no	yes	no	no	no	no	no	no	no	no	no	yes	yes	no
		Vegan chicken curry rice	yes	yes	no	yes	no	no	yes	no	no	yes	no	yes	yes	no
		Chicken Katsu curry	yes	yes	no	yes	no	no	yes	no	no	yes	no	yes	yes	no
		Prawn katsu curry rice	yes	yes	yes	yes	no	yes	yes	no	no	yes	no	yes	yes	no
		veg stir fried noodles	no	yes	no	no	no	no	no	no	no	no	no	yes	yes	no
		chicken stir fried noodle	no	yes	no	no	no	no	no	no	no	no	no	yes	yes	no
salmon stir fried noodle	no	yes	no	no	yes	no	no	no	no	no	no	yes	yes	no		
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FOOD															
Sauces, mix and stocks	Sushi vinegar	no	yes	no	no	no	no	no	no	no	no	no	no	no	no
	Chilli oil	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
	Teriyaki sauce	no	yes	no	no	no	no	no	no	no	no	no	no	yes	no
	soup stock	no	yes	no	no	yes	no	no	no	no	no	no	yes	yes	no
	Spicy soup stock	no	yes	no	no	yes	no	no	no	yes	no	no	yes	yes	no
	Curry sauce	yes	yes	no	no	no	no	yes	no	no	yes	no	no	yes	no
	Unagi sauce	no	yes	no	no	no	no	no	no	no	no	no	no	yes	no
	Tonkatsu sauce	yes	yes	no	no	no	no	no	yes	no	no	no	no	yes	no
	Duck sauce	no	yes	no	no	no	no	no	no	no	no	no	yes	yes	no
	Spicy mayo	no	yes	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	Sweet chilli mayo	no	yes	no	yes	no	no	no	no	yes	no	no	yes	yes	no
	Spicy edamame sauce	no	yes	no	no	no	no	no	no	no	no	no	yes	yes	no
	Spicy tuna mix	no	yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no
	Spicy salmon mix	no	yes	no	yes	yes	no	no	no	yes	no	no	yes	yes	no
	Spicy prawn mix	no	yes	yes	yes	no	no	no	no	yes	no	no	yes	yes	no
*If contains allergen then 'yes', if not ,then 'no'															

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